

Signs of Jesus Christ's Soon Return: Part 1

cultures:

By: Louis A. Palivos



The purpose of this five-part series is to inform, warn and prepare the believers and the world of what is coming. Also, not to set dates, instill fear or apathy, but a call to repentance. In our age of mass communication, it is inexcusable not to study and understand the Prophetic Holy Scriptures that prove that the Old Testament Prophecies regarding Jesus' lineage, birth, place of growth, teaching method, disciples, betrayal, crucifixion and resurrection were prophecies astonishingly with 100% accuracy! "And beginning at Moses and all the Prophets, He expounded to them in all the Scriptures the things concerning Himself." Lk 24:27. Only a true God could have the foreknowledge to inspire human Prophets to write these events before they were fulfilled. "For prophecy never came by the will of man, but Holy Men of God spoke as they were moved by the Holy Spirit." 2 Pet. 1:21. Doesn't it also stand to reason that future events that have been prophesized both in the Old Testament and the New Testament will also be fulfilled 100%?

This five-part series has two columns. The first column contains the prophecy points or signs of the times and the second column contains the Scripture Attorney Effie Spilioti describes the benefits and hardships of returning to homeland.

Between two



I was born and raised in Chicago. My parents were first generation Greek immigrants who arrived in Chicago in search of a better future for their family. Like most immigrants, they left Greece with almost no resources, but with hope for the future and with a dream of returning to Greece someday.

Like most immigrants, they left Greece with almost no resources, but with hope for the future and with a dream of returning to Greece someday.

I followed my family to Greece after they decided to relocate there, for their retirement. When I arrived in Greece, I initially studied at the American College of Greece, but I had my mind set on studying law. After studying intensively for a year, I took the exams and was admitted to the Law School of the University of Athens. I then completed my post-graduate studies in England, where I received a master of laws (LLM) from the University of Lancaster in International and European Commercial Law. Upon completing my studies, I began to work in law firms and later as a legal counsel to multi- national corporations and Greek banks. Along with this work, I continued to provide legal advice to ex-patriate Greeks mainly on legal issues regarding their property in Greece. I recently teamed up with Kalliopi Petzetaki and Evdoxia Nastou, two exceptional Greek lawyers of excellent legal backgrounds, to create SPN Law. We believe that our combined and extensive work experience in the demanding corporate world have taught us the values of diligent work and professionalism. But most importantly, the fact that we have all lived abroad, either in order to study or as a member of an immigrant Greek family like myself, has greatly assisted us in understanding the needs of the Greek Omogeneia when dealing with issues of Greek Law. I have found this multi-cultural background has also greatly assisted me with my work as a legal counsel to various corporations.

reference(s). This series is not an in-depth interpretation of the prophecies.

- 1. **Apostles Questions**
- 2. Prophecy
- Hope of Jesus Christ's Return 3.
- 4. Hour or Day

5. Five (5) Parables:

	A. Servants Keep Watch	Mk. 1
	B. Owner of the House	Math. 2
	C. Faithful & Wise Serva	ant Math. 2
	D. Ten (10) Virgins	Math. 2
	E. Talents 5-2-1	Math. 2
6.	Lead Astray or Deceived	Math. 2
7.	False Christs	Math. 2
8.	Two Beasts	
А.	Antichrist (Gentile)	2 Thes.
1.	Claims	Rev. 13
2.	Character	Dan. 8:2
		Rev. 6:2
3.	Country/ "Out of the Sea"	Dan. 8:9
	-	17:8; 2
4. Past 7 Types, all common		Rev. 17:10; 1 st E

Mk. 13:4; Lk. 21:7; Math. 24:3 2 Tim. 3:16-17; 2 Pet. 1:20-21; 3:17-18; Amos 3:7 Jn. 14:3; Titus 2:13; I Pet. 3:15; Lk. 21:28; Acts 1:11 Math. 24:36

13:34-35 24:43-44 24:45-51 25: 1-13 25:14-30 24:4 24:5, 23-25

2:3-4, 9-10; 3:5-8; I Jn. 2:22-23 23-25; 11:36-45; 2; 13:2; 7b-8, 16-17 9-17; Rev. 17:1; 11:7; 20:1-3 Egypt, Ex. 1:8-11; 2nd Continued p. 2

If there is one thing that I learned from my parents as immigrants, that is importance of perseverance, hard work and "ethos" in all aspects of life.

I always believed that my upbringing in an immigrant family, watching them succeed through hardships and limited resources, has guided me and even assists me today in adapting to the insecurity of the current situation in Greece. If there is one thing that I learned from my parents as immigrants, that is importance of perseverance, hard work and "ethos" in all aspects of life. These are the tradi-

(Continued p. 2)

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7.To advance the just causes of Hellenism.

8. To promote the ideals Greece has given to humanity.

Signs of Jesus Christ's Soon Return: Part 1

goal was to exterminate the Jews and subdue Jerusalem Assyria; 3rd Babylon, Dan. 1:1-2; 4th Medo-Persia, Dan. 8:20; 5th Greece, Dan. 8:21; 6th Rome, 9:26,; 7th Islamic, Rev.17:10; 8th Revived Islamic Caliph-

ate.	
	Rev.17:11
B. False Prophet (Jewish)/	Rev. 13:11; Jn. 5:43
"Out of the Land"	
9. There Shall Be Wars	Math. 24:6-7; Rev. 6:4
10. Rumors of War vs. Peace	Mk. 13:7
Movement	

Regarding prophecy point #8, volumes of ink and computer bytes have been written to interpret the two (2) beasts. The Author has read numerous Holy Fathers/Mothers¹ and commentators² writings on this issue. He has written his best insights. He does not claim that he has a prophetic gift.

Prophecies and the Book of Revelation scream at us that Jesus is Coming Again and Soon!

The Believers and secular philosophers speak to the end times, as well. No one knows the hour or day of the end, but Jesus Christ points to definite signs to know the season.

As the series proceeds, the Author will write short points of guidance to the Scripture verses.

The Author believes that the Antichrist will be a Gentile and the false prophet working with him will be Jewish.

^{1.} Justin Martyr, The Pastor of Hermes, Irrenaous, Turtullian, Hippolytus, Ephrain the Syrian, Epifanios the Cyprian, Methodios, Eusebius, Basil the Great, Gregory the Theologian, Andrea of Caesarea, Augustine, Theïdoret of Cyrus, and others.

^{2.} The Author has 74 commentaries on Revelation, Orthodox, Catholic and Protostont

Between two cultures:

(From page 1)

tional values that are common in all Greek immigrants, whether they are in the United States, Australia or other countries.

Throughout the years and before the outbreak of the financial crisis, I had met many talented and exceptional young professionals in Greece, but unfortunately I found that many had adopted the negative stereotypes that were prominent in Greece over the past years and overlooked the value of investing in their own hard work. I believe that it is a matter of what you are exposed to- if you are only exposed to one way of working and belief system then this is what you will ultimately choose to adhere to. Years ago I was given the chance of working in the public sector, which at the time would allow me to work considerably less hours, yet I chose the demanding corporate world. Looking back, I believe that I believe that my upbringing in an immigrant family played a great role in this decision.

Being exposed to two cultures has not been easy. When you are exposed to two cultures it is inevitable that you compare them to each other. Adjustment has been an ongoing process especially in these times of financial crisis. I always try to focus on what each culture has taught me and apply these positive aspects to my everyday life.

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As a woman living in Greece, I cannot say that I faced discrimination based on my gender in the workplace. It should be noted that Greece has laws that significantly protect the rights of mothers in the workplace. I am also grateful to my parents for assisting me during my demanding work schedule with the upbringing of my children. As we all know, one of the positive aspects of the Greek culture is the way the family is united and its members help one another in times of need.

I have found that the most difficult part of living in Greece is the bureaucracy in all aspects of life when dealing with the public sector, whether it be the simple act of obtaining a document from a public office or something more complicated, like starting a company. Although there has been great progress to simplify these procedures, there still is work to be done.

Another difficult situation was for my parents when they returned to Greece. Many Greeks upon returning to the homeland faced a sort of a culture shock. They had assimilated many customs of the countries that they had migrated to and also discovered that modern day Greece was not the Greece that they left in the 1960s.

Many Greeks upon returning to the homeland faced a sort of a culture shock. I still consider Chicago my hometown and I am grateful for the opportunity that was given to my parents to prosper, while living there. Nevertheless, Greece remains a beautiful country and it is the country of our heritage so we must all work together towards a better future with the recourses that are given to us.

It is true that the lives of many families have been dramatically affected from the crisis in Greece and young professionals have relocated to other countries. There have been many austere reforms and jobs are scarce. In spite of this, I find that now, more than ever, there are many young Greek professionals who are determined, hard-working and hope for a better future. The financial crisis here has caused many to become adaptable to the new situation and in certain ways it has brought out the best in us. During the past few years we have seen that there have been innovative ideas and businesses especially in the fields of tourism, energy and the export of local agricultural goods. These businesses would greatly benefit from the support of our worldwide Greek Community and it is important that we all should have unified approach on promoting Greek products and ser-

likely to experience inflammation. These animals also gain excess fat and are injected with hormones and antibiotics. Always opt for organic, free-range meats that have been fed natural diets.



6. Dairy - While some yogurts are okay, the body generally has a hard time processing dairy products. Milk is a common allergen that may cause inflammation, stomach problems, skin rashes, hives and even breathing difficulties. Remember, milk is good for children but not as great for adults.

10 foods that cause inflammation

1. Sugar - It's incredibly hard to avoid sugar - we find it everywhere. However, a lot of it may cause inflammation, so it's important to control your intake of processed sugar and opt for sweet fruit instead.

2. Common Cooking Oils - Safflower, soy, sunflower, corn, and cottonseed. These oils not only contribute to the onset of inflammation, but they are also made with cheap ingredients that are bad for your health.

3. Trans Fats - Trans fats increase bad cholesterol, and promote inflammation, obesity and resistance to insulin. They are in fried foods, fast foods, and commercially baked goods, including peanut butter and items prepared with partially hydrogenated oil, margarine, and vegetable oil.

4. Red and Processed Meat - Red meat contains a molecule that humans don't naturally produce, called Neu5GC. Once you ingest this compound, your body develops antibodies that may trigger constant inflammatory responses. Reduce red meat consumption and replace it with poultry, fish and lean cuts of red meat, once a week at most.

5. Feedlot-Raised Meat - Animals who are fed with grains like soy and corn are

7. Alcohol - Regular consumption of alcohol causes irritation and inflammation to

numerous organs, which can lead to cancer.

8. Refined Grains - "Refined" products have no fiber and have a high glycemic index. They are everywhere: white rice, white flour, white bread, pasta, pastries... Try and replace with minimally processed grains.

9. Artificial Food Additives - Aspartame and MSG are two common food additives that can trigger inflammation responses. Try and omit them from your diet completely.

10. Undiagnosed Allergy - Do you constantly have headaches or feel tired? Sometimes, you may develop an allergy to a type of food and not even know it. Coffee, certain vegetables, cheese...they might be a trigger you aren't even aware of. Try and take a few foods out to see how you feel. Slowly incorporate them back in to see if there might be a hidden culprit lurking in your diet!

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Korakaki regards gold medal as payback for 'open war' with federation



Anna Korakaki took a deep breath and let it out slowly.

She had been one point from an Olympic gold medal, leading 6-0, in the women's 25-meter pistol final on Tuesday but began to choke. She hit a wrong target and missed one completely, allowing Monika Karsch of Germany to draw level at 6-6.

Her father and coach, Tasos Korakakis, sitting not far behind, couldn't bear to watch, preferring to look at the floor, his pants, the hands in his lap.

Karsch started the seventh five-shot series hitting the wrong target, and Korakaki retook the lead going to the last shot. Korakaki hit, paused, and jumped up and down when she realized she won.

"I'm the happiest person on Earth but I can't find the words in English, in Greek or French to describe my feelings," said the 20-year-old Korakaki, who also won bronze in the 10-meter air pistol.

She did admit to becoming "a bit stressful" after winning the first three series of the final, and knowing gold was virtually in her grasp.

And when she teared up on the podium while listening to her national anthem, she said that was about relief and payback.

Korakaki said she was close to quitting shooting three years ago, at 17, because she and her father were "in an open war" with the Hellenic Shooting Federation, particularly in the last two years.

She blamed the problem on "the behavior and attitudes by people of my federation" ever since she made the national team at 14.

"I cried listening to the national anthem, because at that moment, all the difficulties went through my mind," she said. "I really felt like I made it, against everybody, against every hard situation, against everyone trying to bring me down. That's why I cried, it was a mental release."

That she managed to win a gold and bronze in her first games, Greece's first Olympic medals in shooting in 96 years, she credited to "my will, my strength, my motivation from my family, my friends, and hard work."

Korakaki was second after qualifying, behind only top-ranked Zhang Jingjing of China. Zhang shot an Olympic qualifying record of 592, beating by one the mark of 2012 champion Kim Jangmi of South Korea.

Kim failed by one place to qualify for the eight-women semifinals on a countback. The 2008 champion, Chen Ying of China, also missed out.

Nino Salukadze of Georgia, the 1988 Olympic champion in her eighth games,

Mike phelps and Leonidas of Rhodes?

Michael Phelps has broken a 2,000-year-old Olympic record by surpassing the 12 individual titles won by Leonidas of Rhodes. Who was this athlete whose record has taken two millennia to beat.

Phelps has a total of 22 Olympic gold medals, but nine of these have come in



relays - in terms of individual titles he has only just passed the greatest athlete of the ancient world.

Leonidas of Rhodes competed in four successive Olympiads in 164BC, 160BC, 156BC and 152BC and in each of these he won three different foot races.

An athlete who won three events at a single Olympics was known as a *triastes*, or tripler. There were only seven triastes and Leonidas is the only one known to have achieved the honour more than once. Remarkably, he was 36 when he did it on the fourth occasion - five years older than Phelps is today.



The three events at which he triumphed were the *stadion*, a sprint of roughly 200m; the *diaulos*, which was twice the distance of the stadion; and the longer *hoplitodromos*, or race in armour.

Unlike most races, which were run in the nude, the race in armour required competitors to wear heavy battle gear, possibly comprising a helmet, a breastplate, shin armour and a shield made from bronze and wood.

"To run all these events one after the other was quite a feat," says Judith Swaddling, senior curator at The British Museum.

rolled back the years to qualify third, but started badly in the semifinals and couldn't recover.

Neither, surprisingly, could Zhang, the world champion. She had to rally late in the semifinals, but managed to make only the bronze-medal match. She hit all five targets in the first series against Heidi Diethelm Gerber, but faded and the Swiss clinched bronze on her second-to-last shot of their sixth series.

The semifinals guaranteed a new Olympic champion, and Korakaki, more relaxed after winning the bronze, ultimately earned it. Despite the problems with her federation, she'll keep on shooting.

"I'm dreaming of more medals," she said, "more European medals, more World Cup medals, and, why not, more Olympic medals."

ΛΥΣΤΕ ΤΟ ΠΡΟΒΛΗΜΑ ΤΩΝ "ΠΑΡΑΣΙΤΩΝ" ΣΤΑ ΡΑΔΙΟΦΩΝΙΚΑ ΜΑΣ ΠΡΟΓΡΑΜΜΑΤΑ. ΑΚΟΥΣΤΕ ΜΑΣ ΑΠΟ ΤΟ ΚΟΜΠΙΟΥΤΕΡ ΣΑΣ ΠΕΝΤΑΚΑΘΑΡΑ ΚΑΙ ΜΑΛΙΣΤΑ 24 ΩΡΕΣ ΤΟ 24ΩΡΟ.

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"He broke through the distinction between sprinters and endurance athletes," says Paul Cartledge, professor of classics at the University of Cambridge. The race in armour had not previously been considered suitable for sprinters (the Olympiads had already been going for a few centuries).

"They were running in armour, the temperature would be 40C. The conditions were fantastically unpleasant, requiring completely different muscles and gymnastic skills."

There is very little biographical information about Leonidas, says Cartledge, and no images of him survive. But his name - derived from the Greek word for lion - suggests he was a man of distinction. "He's probably an aristocrat, probably wealthy, probably from an athletic family," Cartledge says.

Rhodes had a strong athletic tradition. Another great Olympian from the island was the boxer Diagoras, who launched a dynasty of athletes. "Coming from Rhodes you are a bit on the fringes," Cartledge says. "You probably tried harder than if you were from one of the older cities."

There were no gold, silver or bronze medals in Leonidas's day - races were winner-takes-all with the runner who came first earning a simple olive wreath. After his death "he was worshipped as a local deity" in Rhodes, says Swaddling.

He was also venerated in ancient Greek literature. Pausanias described him as "the most famous runner". In the 3rd Century, Philostratus the Athenian wrote in his Gymnastikos that Leonidas's versatility disproved all received wisdom about athletic training and body types.

A statue of him in Rhodes displayed the legend: "He had the speed of a God." Quite a reputation for Phelps to live up to.

Cosco completes Piraeus port takeover



Piraeus Port Authority (OLP) announced on Wednesday its new 11-member board of directors Wednesday after China's Cosco completed the purchase of 51 percent of the organization, with another 16 percent to be transferred in the future.

Cosco chairman Wan Min was appointed OLP's chairman, while Captain Fu Cheng Qiu, who heads the Chinese firm's subsidiary at the Piraeus container terminal, took on the position of chief executive officer.

Other additions to the board (four of the previous 11 members have remained) are Deng Xiaoli and Angelos Karakostas as deputy CEOs and Ji Fengming as chief financial officer (CFO).

Athanasios Liagos and Yiannis Kouvaris will be the Greek state's representatives on the board. They will hold non-executive positions. Piraeus Mayor Yiannis Moralis also retains his non-executive position on the board. The board convened for the first time on Wednesday.

Cosco paid 280.5 million euros for its 51 percent stake in OLP and is due to invest another 88 million euros for the 16 percent share that has been set aside.

The Chinese firm is also due to invest some 300 million euros in improving the port's facilities. A recent study suggested Cosco's investment in Piraeus will boost Greek gross domestic product by 0.8 percent and create 31,000 new jobs between 2016 and 2025.

ΤΟ ΚΕΙΜΕΝΟ ΠΟΥ ΑΚΟΛΟΥΘΕΙ ΕΙΝΑΙ ΣΤΗΝ ΑΓΓΛΙΚΗ ΚΑΙ ΕΙΝΑΙ ΓΙΑ ΟΣΟΥΣ ΔΕΝ ΜΙΛΟΥΝ ΑΓΓΛΙΚΑ...

Ξέρεις ελληνικά; Τότε μάλλον κατά κάποιο τρόπο. ξέρεις και αγγλικά! Το παρακάτω άρθρο είχε δημοσιευτεί πριν από καιρό σε βρετανικό περιοδικό τέχνης(;) .!

"The genesis of classical drama was not symptomatic. Aneuphoria of charismatic and talented protagonists showed fantastic scenes of historic episodes. The prologue, the theme and the epilogue, comprised the trilogy of drama while synthesis, analysis and synopsis characterized the phraseology of the text. The syntax and phraseology used by scholars, academicians and philosophers in their rhetoric, had many grammatical idioms and idiosyncrasies. The protagonists periodically used pseudonyms. Anonymity was a syndrome that characterized the theatrical atmosphere. The panoramic fantasy, the mystique, the melody, the aesthetics, the use of the cosmetic epithets are characteristics of drama. Eventhrough the theaters were physically gigantic, there was noneed for microphones because the architecture and the acoustics would echo isometrically and crystal - clear. Many epistomologists of physics, aerodynamics, acoustics, electronics, electromagnetics can not analyze - explain the ideal and isometric acoustics of Hellenic theaters even today. There were many categories of drama: classical drama, melodrama, satiric, epic, comedy, etc. The syndrome of xenophobia or dyslexia was overcome by the pathos of the actors who practiced methodically and emphatically. Acrobatics were also eup3horic. There was a plethora of anecdotal themes, with which the acrobats would electrify the ecstatic audience with scenes from mythical and historical episodes. Some theatric episodes were characterized as scandalous and blasphemous. Pornography, bigamy, hemophilia, nymphomania, polyandry, polygamy and heterosexuality were dramatized in a pedagogical way so the mysticism about them would not cause phobia or anathema or taken as anomaly but through logic, dialogue and analysis skepticism and the pathetic or cryptic mystery behind them would be dispelled. It is historically and chronologically proven that theater emphasized pedagogy, idealism and harmony. Paradoxically it also energized patriotism a phenomenon that symbolized ethnically character and phenomenal heroism."

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GREEK NEWS

Culture Ministry triggers Elliniko doubt



The Culture Ministry has written to other government departments to inform them that it has plans to declare the vast majority of the former Athens airport at Elliniko an archaeological site, which would complicate plans to develop the area.

It was only two months ago that Greece's privatization agency, the Hellenic Republic Asset Development Fund (TAIPED), and Lamda Development signed a memorandum of understanding regarding the latter's plans to develop the abandoned airport, which covers 6.2 million square meters. The deal was rubberstamped a month later by the Court of Audit.

However, Kathimerini understands that the Culture Ministry's General Directorate for Antiquities and Cultural Heritage wrote on Tuesday to several government departments, including the Defense, Infrastructure and Finance ministries, as well as TAIPED, to inform them that it plans to declare the area an archaeological site and list some of the buildings on the vast plot of land.

The Culture Ministry has requested that the other departments respond to its proposal within the next two months.

If the ministry goes ahead with its plan, the Greek government not only faces the prospect of the much-delayed privatization project, which was first agreed in 2014, being beset by more complications, but also the possibility that Lamda Development could seek damages from the Greek state.

Lamda has said the development of the site will immediately create 10,000 jobs and another 70,000 when the project, which includes the construction of apartments and a hotel, is completed.

Greek exports suffer decline in 2016

Greece's exports fell by more than 8 percent in the first half of the year as Greek companies felt the impact of capital controls.

The data published Friday by the Hellenic Statistical Authority point to a decline both within the European Union, where the impact of Brexit is being felt, as well as non-EU markets, which seem to be distancing themselves from Greek products as local firms struggle to promote their goods due to limited liquidity. According to the figures, the value of Greek exports for the first six months of the year came to 11.97 billion euros, which was 8.1 percent down on the 13.02 billion achieved during the same period last year. Exports made between January and June 2014 had an even higher value of 13.17 billion euros. During June, exports stood at 2.1 billion euros, compared to 2.25 billion in June 2015, a decrease of 6.6 percent. The drop is still significant (4.5 percent) even if oil products are excluded. All the key export categories experienced declines last month. Raw materials fell by 25.4 percent, for example.

ports, including oil products, to non-EU countries, where they fell by 14.6 percent compared to June last year. Exports to EU countries edged down 0.4 percent. Over the six-month period, there is also a contrast between the two categories: Exports to the EU were up 0.4 percent, but down by a sizable 18.2 percent to other countries.

"Greek exporters continue to pay a heavy price for the absence of normality in the market more than one year on from when capital controls were imposed," said Christina Sakellaridi, the head of the Panhellenic Exporters Association. "The situation is made worse by international developments, such as Brexit, which undermine the prospects for growth in the eurozone, which is the main market for Greek exports."

Sakellaridi added that the financial constraints Greek companies face are preventing them from engaging in "aggressive" promotion campaigns in non-EU markets that are currently growing fast.

Gov't seeks to shift focus amid hail of criticism



The government is seeking to shift public attention to a positive narrative before the next round of negotiations with the country's international creditors gets under way in the fall and as the conservative opposition lambasts it for its perceived failure in matters of law and order.

Following a short break this week ahead of the weekend's Dormition of the Virgin public holiday, government officials are to return to the capital next week for talks expected to concentrate on preparing for negotiations with creditors and moving forward with Prime Minister Alexis Tsipras's plans for a review of Greece's Constitution. of tough negotiations with creditors looms.

The insistence of the conservative opposition New Democracy on highlighting the government's poor record in the area of law and order has also fueled concern in the ranks of the government as sections of leftist SYRIZA continue to express solidarity with occupants of illegal squats and alleged perpetrators of other offenses.

ND spokesman Giorgos Koumoutsakos commented on the matter again on Wednesday, condemning government spokeswoman Olga Gerovasili for her delayed response to the recent interruption of a mass at Thessa-loniki's cathedral by selfstyled anarchists.

"I must revile with all my might the fact that the government remained speechless for at least 48 hours after this first attack," he told Real FM, noting that Gerovasili was quick to condemn a subsequent arson attack on the Holy Synod's offices in Athens.

Statement about Turkish attaches brings Greek relief

Officials in Athens have welcomed with relief Thursday's statement by Turkish Foreign Minister Mevlut Cavusoglu, according to which two military attaches who had been posted in Greece fled to Italy over the weekend in the wake of last month's failed coup in Turkey.

"Now the problem is on the Italian side," an aide to Prime Minister Alexis Tsipras commented.

There had been fears that the two attaches could be in Greece and could lodge claims for political asylum.

Such a move would have likely strained bilateral ties further following appeals for political asylum lodged by eight Turkish military personnel who escaped from Turkey on a military helicopter a day after the failed coup.

In comments to Turkey's NTV channel, Cavusoglu said the attaches – identified as colonels Halis Tunc and Ilhan Yasitli – left Greece on August 6, taking a ferry to Italy. "We are working on bringing these traitors back to Turkey,"

Cavusoglu said. Noting that Tunc's brother lives in the Netherlands, Cavusolgu said, "We are working with both the Netherlands and Italy."

Yasitli is reportedly the overall military attache and Tunc the naval attache but their accreditations in Athens are said to have been canceled.

Turkish authorities have conducted a massive purge of the military, judiciary and civil service in the wake of the failed coup.

Greek economy grows on quarterly basis but shrinks year-on-year

The Greek economy contracted by 0.7 percent year-on-year (y-o-y) in the second quarter of 2016, but expanded by 0.3 percent when measured on a quarterly (q-o-q) basis, flash estimates provided by the Hellenic Statistical Authority (ELSTAT) on Friday showed.

Greece's gross domestic product rose 0.3 percent from the beginning of April to the end of June after shrinking by a revised 0.1 percent (from 0.5 percent) in the previous quarter.

This small increase defied many predictions that the recession, when measured on a quarter-on-quarter basis, would continue.

The median estimate in a Bloomberg survey was for Greek GDP to drop by 0.2 percent in the second quarter. A Reuters poll pointed to a 0.1 percent q-o-q contraction.

The year-on-year fall of 0.7 percent was the fourth consecutive decline of its kind, underlining the fragile state of the Greek economy.

The revised y-o-y drop for the first quarter of the year was 0.8 percent, rather than the original 1.4 percent.

ELSTAT is expected to provide revisions of its flash estimates for Q2 on August 29. The data for the second quarter of this year means that real GDP shrank by 0.7 percent in the first half of 2016, while nominal economic output remained unchanged.

The Bank of Greece has said it expects the economy to contract by 0.3 percent this year and to grow by 2.5 percent in 2017. Last month, Standard and Poor's ratings agency said it expects Greek GDP to fall 1 percent in 2016 and to grow 2 percent next year before hitting 3 percent in 2019.

There was a notable decrease in ex-

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The negotiations are expected to focus on the additional flexibility in terms of labor that creditors want in the private sector, demands that Greek ministers have pledged to counter, and calls for the more efficient tackling of billions of euros of nonperforming loans that are burdening local banks, with the Greek side insisting that primary residences will be protected from foreclosures.

Another task on the agenda next week is the formation of a committee that will prepare the government's proposal for constitutional reform for public consultation.

The government is girding for a possible increase in public discontent in the fall, when tax bills will be heavier and another round



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US election 2016: Six reasons it will make history



It took a while, but now we finally know which two candidates will fight it out in the race for the White House. Donald Trump will be the Republican candidate, something few would have predicted a little more than 12 months ago. And after the Democrats' convention in Philadelphia, we know Hillary Clinton will be their candidate. Whatever happens from this point on, the outcome will be historic. This is how:

1) Twilight years When Barack Obama first walked through the White House front door in January 2009, he was aged 47, and was the fifth-youngest president in history. Theodore Roosevelt was the youngest, at 42 years and 322 days. The next one will be a fair bit older, whatever happens. Donald Trump celebrated his 70th birthday on 14 June. If elected in November, he would be the oldest president in history (Ronald Reagan was 69 when he took office). Hillary Clinton, meanwhile, turns 69 some two weeks before the election, and would become the second-oldest president on inauguration. She would replace William Henry Harrison, who became president in 1841 (and was the last president born on British soil).

2) New York, New York Whoever wins this time will become the first New Yorker in office in 71 years when the inauguration takes place next year. (And yes, we know Mrs Clinton was born in Chicago, but she was a senator from New York and lives in the state.)

3) Money, money, money If Mr Trump wins, we could be looking at the least amount of money spent by a winning candidate for some time. Federal Election Commission records <u>show he spent \$91m (£69m)</u> up to 22 July, of which \$50m is his own money. No other candidate <u>since Al Gore in 2000</u> (\$126m) has spent as little. Hillary Clinton is on some \$275m so far, by the way. Of course, Mr Trump could break out the chequebook given that he has more campaigning to do between now and November, but it looks likely he will come a long way under what Barack Obama spent last time round - almost \$556m.



Charlie Chaplin's Unforgettable 70th Birthday Poem

This is a poem by Charlie Chaplin written on his 70th birthday, on April 16, 1959. It is an utterly inspiring self-address that meant a great deal to me when I read it for the first time. It felt as if the great screen icon was communing with my spirit, understanding just what the journey of life is all about. I just had to share this touching and knowing poem with you, because I know it will ring true for many people like me who feel they have grown with age.



When I started loving myself I understood that I'm always and at any given opportunity In the right place at the right time. And I understood that all that happens is right – From then on I could be calm. Today I know: It's called TRUST.

When I started to love myself I understood How much it can offend somebody When I tried to force my desires on this person, Even though I knew the time was not right and the person Was not ready for it, And even though this person was me. Today I know: It's called LETTING GO

When I started loving myself I could recognize that emotional pain and grief Are just warnings for me to not live against my own truth. Today I know: It's called AUTHENTICALLY BEING.

When I started loving myself I stopped longing for another life And could see that everything around me was a request to grow. Today I know: It's called MATURITY.

When I started loving myself I stopped depriving myself of my free time And stopped sketching further magnificent projects for the future. Today I only do what's fun and joyful for me, What I love and what makes my heart laugh, In my own way and in my tempo. Today I know: it's called HONESTY. - Advertisement -

When I started loving myself I escaped from all that wasn't healthy for me, From dishes, people, things, situations And from everything pulling me down and away from myself. In the beginning I called it"healthy egoism", But today I know: it's called SELF-LOVE.

4) Experience A Trump win would be significant for another reason - no-one has been elected president in more than 60 years without experience as a governor or in Congress. Even then, the last president with no political experience, Dwight Eisenhower, was Supreme Commander of Allied Forces in World War Two, before he was elected to office in 1953. Before that, Herbert Hoover, who was president from 1929 to 1933, was previously an engineer and humanitarian.

No previous candidate has ever owned a chain of casinos and hotels. But Mr Trump says his experience doing deals, and the fact he is not too tied to the Washington establishment, stand him in good stead.

5) A woman in office? The long years Hillary Clinton has been on the Washington scene may make it easy to forget one fact: She would be the first female president if elected. She is already the first female candidate for a major US party.

The closest we have got before is when Republican John McCain surprisingly picked Alaska Governor Sarah Palin as his running mate in 2008, and when Democrat Walter Mondale named Geraldine Ferraro as his vice-presidential pick in 1984. Neither won the presidency.

6) Democrat relay? Amazingly, only two Democrats have directly succeeded another Democrat as US president. The most recent was James Buchanan, who was president from 1857 to 1861. Harry Truman and Lyndon Johnson were both vice-presidents who were named president when their predecessors died. They both then went on to win the next election. A Clinton win, therefore, would bring even more significance to the Democratic Party.

<u>Like</u>

When I started loving myself I stopped wanting to be always right Thus I've been less wrong. Today I've recognized: it's called HUMILITY.

When I started loving myself I refused to live further in the past And worry about my future. Now I live only at this moment where EVERYTHING takes place, Like this I live every day and I call it CONSCIOUSNESS.

ΛΥΣΤΕ ΤΟ ΠΡΟΒΛΗΜΑ ΤΩΝ "ΠΑΡΑΣΙΤΩΝ" ΣΤΑ ΡΑΔΙΟΦΩΝΙΚΑ ΜΑΣ ΠΡΟΓΡΑΜΜΑΤΑ. ΑΚΟΥΣΤΕ ΜΑΣ ΑΠΟ ΤΟ ΚΟΜΠΙΟΥΤΕΡ ΣΑΣ ΠΕΝΤΑΚΑΘΑΡΑ ΚΑΙ ΜΑΛΙΣΤΑ 24 ΩΡΕΣ ΤΟ 24ΩΡΟ.

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